# **७** । श्रेष. श्रेप. श्रेपय. घटाय. टावीय या. यू. ।

# Sadhana of Bhaishajya Guru (Medicine Buddha) by Karma Chakme

## Refuge and Bodhicitta (Recite 3x):

ञ्च त्र प्रमृत्र त्राक्रिया यात्रुवा त्या श्रुप्तवा तु त्राक्री ।

lama konchok sum la kyab su chi
I take refuge in the Guru and Three Jewels.

त्में प्रते 'र्न्ब'र्-पर्ड्ब'स्व'भ्रव'भ्रव'भ्रव'।

drowe dondu chomden men la drub

For all beings' sake, I shall accomplish the Buddha Bhaishajya Guru.

#### Main Practice:

क्र्याः इसमान्त्रियायाः सेन् त्यो वसार्सेन् त्याः विन् ।

cho nam mikme yene tongpa nyi

All phenomena are beyond reference, primordial emptiness.

ने'धी'त्रा असारता केन्द्र न हेंग्सासा

de yi ngang le rangnyi dren dzok su

Out of that experience, I appear, perfect upon recollection,

८४.ता.ता.ची.४.४८.८५५४.५४५.३४५.वी.४१

damye yerme chomden men gyi la

As Buddha Bhaishajya Guru, samayasattva and jnanasattva inseparable.

भ्रा.बर्ट्रवा.बर्ह्चट.या.चना.वहवा.सिवा.वाखेबाता ।

kudok ting ka shyal chik chak nyipa

His body is deep blue in color and he has one face and two hands,

तिया.यालय.अक्या.ह्रीय.श्रय अक्या.यय.मीज.उह्या।

chak ye chok jin men chok namgyal dzin

The right hand in the supreme generosity mudra and holding Myrobalan,

yonpe nyam shak dütsi Ihungze nam

And the left, in the gesture of equanimity, holding an alms-bowl of nectar.

अर्ळत्र'र्न्येष'र्न्च'चकुत्र'र्हे'हे'क्रीय'गुर'प्ववाया ।

tsenpe rabgyen dorje kyil trung shuk

He is fully adorned with the signs and marks and seated in vajra posture.

भ्रां.ज.क्र्य.व्यं.व.क्या.त.वर्षिया.वीया.वर्षिया.व

ku la chogu nampa sum gyi lub

And he is dressed in the three dharma robes.

यन् ब्रुते सेट चतुवाय तेन् वेर न्यवा येन् तर्थे।

pe de teng shyuk ozer pakme tro

Seated upon lotus and moon-disc, he emanates countless rays of light.

विवायाम्याः श्रेटः द्वै त्याः ज्ञवायावाणया पञ्ची ।

tukkar da teng hung la ngak ye kor

At his heart, upon a moon, is HUNG, surrounded clockwise by the mantra,

ने'लब'र्देन'चेर'दर्खेब'चब'वर र्खेंबाब'वर्षा।

de le ozer trope sharchok ne

From which rays of light shoot forth to invite countless Bhaishajya Gurus

श्चर न्नु द्राया सेट र्चेंद द्रवार राय विसा

men la pakme jon ne rang la tim

Who arrive from the eastern direction and dissolve into me.

श्चर'यट'श्चर्यकार्द्रट् चेर'वर्ष्चेक'रा'येका

lar yang ku le ozer tropa yi

Further rays of light then emanate from his body once again,

अर्वेट र्वेष त्यें प्रते र्या ग्रुअ वर वि वया

tong to drowe duk sum ne shyi ne

To pacify sickness and the three poisons in beings who might be seen or heard.

ষপ্তর্'শ্র'ঐব্'শ্রুব'স্কুব'র্র্ব'শ্রুব'ঠ্বা।

tamche lame changchub tob gyur chik
So that they all attain unsurpassable awakening.

## teyata om bekanze bekanze maha bekanze radza samudgate soha

बुधायक्षेत्र.त.कु.पर्चीय.चिषायणा

[Recite this mantra as many times as you can. Then:]

ट्रे.सेर.स्थ्राक्षावय.च्यया.कट्.रट.ची.युवा

detar gom khen tamche rang gi sem
The one who visualizes all this is my own mind.

येययाचे 'र्येट्'येट्'यवत'च्याकूट'याचेट्।।

sem ni yome tadral tongpa nyi

Mind itself is emptiness, beyond the extremes of existence and non-existence.

वाट.चेर.था.लाटबा.क्षा.टी.टू.टू.चू.भूटवा ।

gangshar ma yeng tsam du ngowo kyong

Whatever occurs, in simple non-distraction, I will sustain the essence.

वह्रव से प्रापर्डे व स्थाप प्राप्त स्थाप स्याप स्थाप स्याप स्थाप स्याप स्थाप स्याप स्थाप स

dzinme macho lhukpar gom she na

Knowing how to meditate freely and naturally, without clinging or contrivance,

र्या.र्ज्य, बर. खु. पङ्घा.र्ज्य .श्रव .श्यव .श्रव .श्यव .श्रव .श्यव .श्रव .श्यव .श्रव .श्रव .श्यव .श्य

duk nge ne shi chomden men la drub

Pacfiies the sickness of the five poisons and accomplishes Buddha Bhaishajya Guru.

### **Dedication:**

यट्र.क्षेत्र.भ्रूषात्व्यवाचिषात्वा राष्ट्राची.य.लुषा ।

ditar gomde jepe gewa yi

Through the merit of visualizing and reciting mantra in this way,

अर्वेट र्वेष द्व रेग गुव ग्री वट वि वया।

tong to dren rek kun gyi ne shyi ne

May the sickness of all those I see, hear, think of, and come into contact with be pacified,

पर्डमःस्त्राञ्चनःत्रुनःत्रान्तः स्त्रान्त्रा

chomden men la nyi dang yerme shok

And may we all become inseparable from Buddha Bhaishajya Guru himself.

ड्याता झे हे, ट्यट जिया यभेता यथा है, हूं टे लूं। मैय , मैया यथा प्राप्त अकूट , मेया दे प्राप्त अपरा अपरा आर्था ॥

As requested by Lharje Wanglu, this was composed by Araga in the vicinity of the stupa erected by Chito Orgyen.